




No Plate Like Homemade Hummus

4 servings (serving)

   Medium

 up to 20 Min.



Ingredients:

No Plate Like Homemade Hummus:

Garbanzo Beans, rinsed Can
0.25 Olive Oil
Lemon Juice
Garlic
Paprikas

1 Prepare:

In a food processor or high-speed blender, purée all ingredients until smooth and creamy. Add a pinch of salt and 1-2 tablespoons water (if needed) to get your desired consistency.

2 Serve:

Move mixture to a serving dish or bowl, drizzle with olive oil and paprika, and serve with veggies, pita chips, wontons, meatballs — you name it!

