




# No Plate Like Homemade Hummus

4 servings (serving)

   Medium

 up to 20 Min.



## Ingredients:

### No Plate Like Homemade Hummus:

Garbanzo Beans, rinsed Can  
0.25 Olive Oil  
Lemon Juice  
Garlic  
Paprikas

## 1 Prepare:

In a food processor or high-speed blender, purée all ingredients until smooth and creamy. Add a pinch of salt and 1–2 tablespoons water (if needed) to get your desired consistency.

## 2 Serve:

Move mixture to a serving dish or bowl, drizzle with olive oil and paprika, and serve with veggies, pita chips, wontons, meatballs — you name it!

